



Cameron Highlands (through Ringlet and Tanah Rata) (1448m)
(Tour of Langkawi, Malaysia)



In its broad sense, the climb, rather easy and irregular, is 52,5km long to rise from 63 to 1448m, but its height loss amounts to 210m, so that the total height gain is 1595m.

The road is busy, but it doesn't look like a highway, and the viewpoints are very scare, because of an abundant vegetation. The tea plantations are plentiful in the area.

We can divide the climb into 4 parts :

1- 28km from 63 to 668m (average gradient : +/- 2%)



At the foot, one of the scarce straight lines of this « Alzheimer Hill »

2- **Ringlet** (1155m) (KOM 1st CAT in the Tour of Langkawi) : 487m in 11,5 km (with a max. km gradient 6%, in km33)

Km gradients : 3,1 3,2 3,4 3,5 6,0 / 4,3 5,4 5,1 4,6 4,2 3,2 5,4/2



Crossroads at Ringlet : the strawberry on the cake

3- 5,5km undulating - downward trend (1155-1081m)



Bridge over trouble water, on the lake after Ringlet

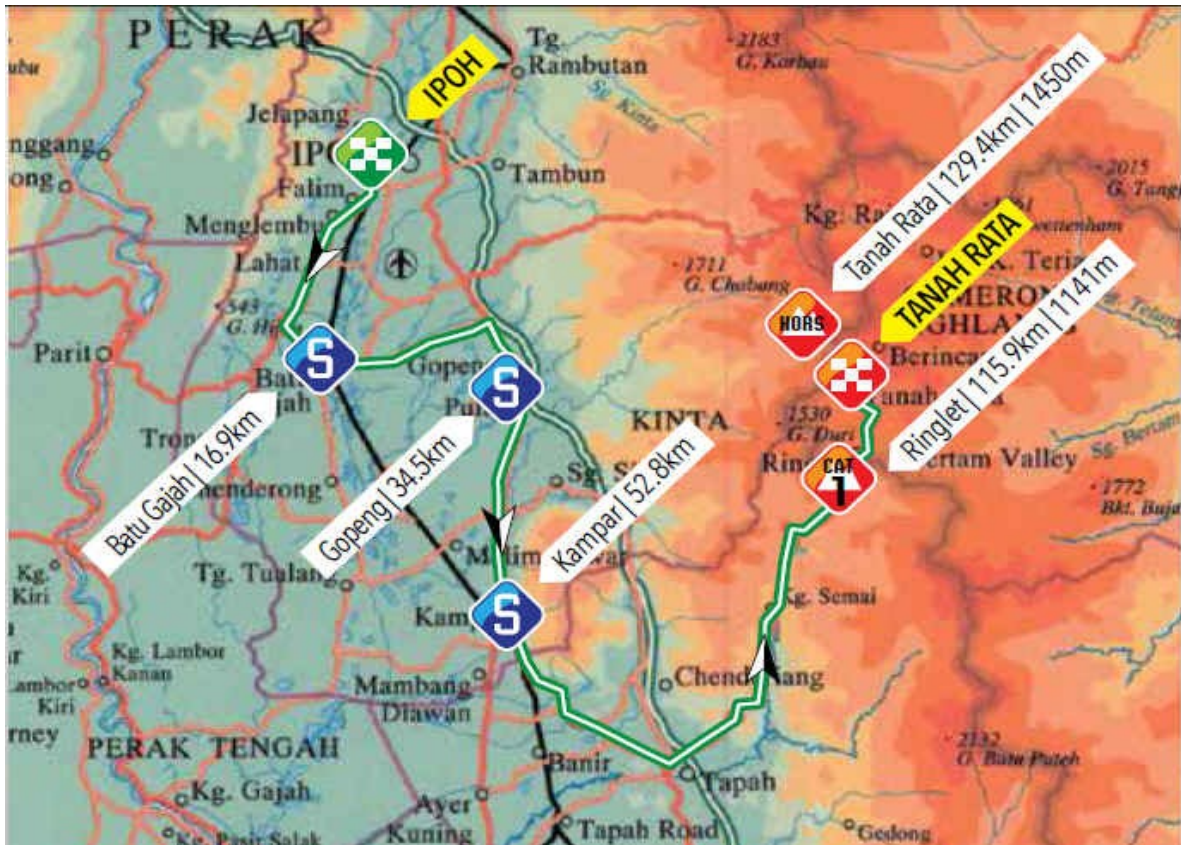
4- **Tanah Rata** (1448m)

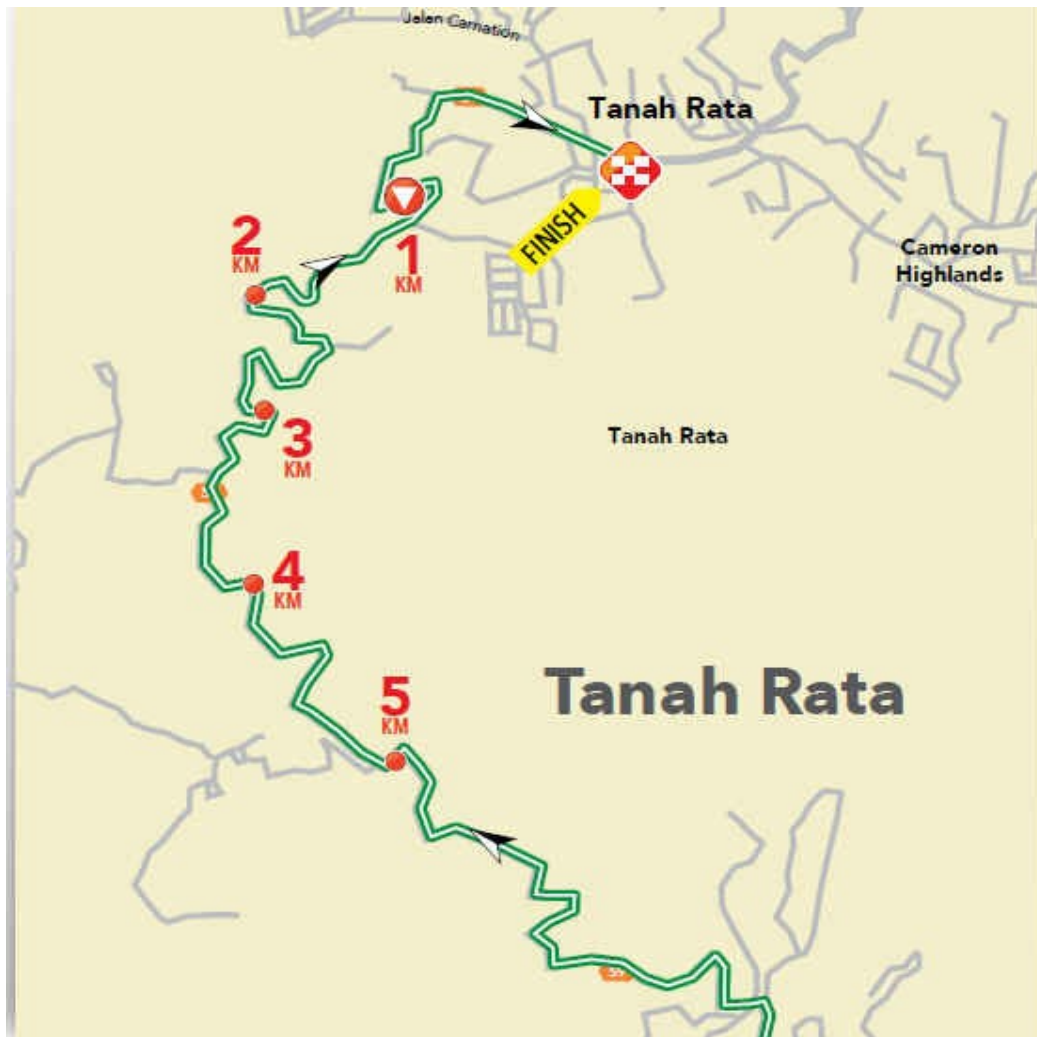
Outside Category in the Tour of Langkawi, ranking due to strategic reasons (the finishing line is very close) more than sportive (367m en 7,5km).

Km gradients : 5,2 4,0 5,7 5,1 4,7 / 5,9 4,8 2,6/2



Route 4th stage 2016





Links :

<http://cameronhighlands.com/>

Official website Tour of Langkawi : <http://www.ltdl.com.my/>

https://fr.wikipedia.org/wiki/Tour_de_Langkawi

https://en.wikipedia.org/wiki/Tour_de_Langkawi

The last 5km of the climb :

<https://www.youtube.com/watch?v=DtdpCTmMvB8>