

## **Krokkleiva (391m)**

Sundvolden GP (Norway)

The Norwegian cyclism is in good shape. A brand new world champion U23 is ready to succeed Hushovd and Boasson Hagen.

Concerning the races, the international program becomes richer. Since a few years, ASO (Tour de France) organizes the Arctic Race (4 stages in August), with a very good media coverage.

In May, a trilogy. A week-end near Oslo (Sundvolden GP and Ringerike GP) and a Tour of Norway in five days. The high fjords are not included. Only the Flisetjønnskaret (1265m, 11,3km at 7%) in the 2<sup>nd</sup> stage.

Official websites :

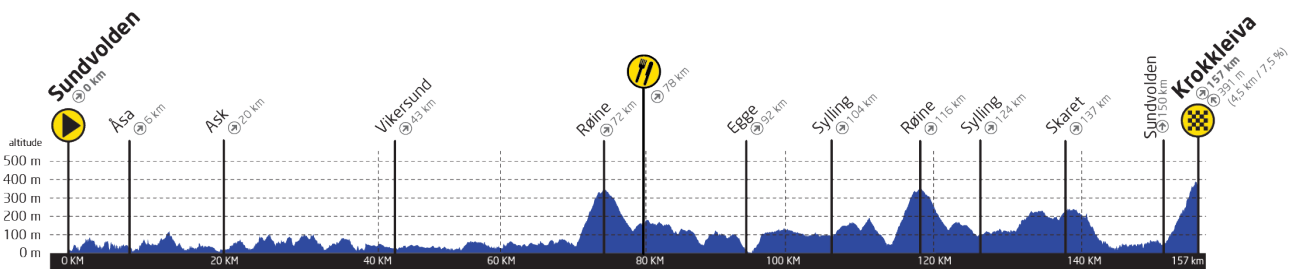
<http://rgp.no/> (for Sundvolden et Ringerike GP)

<http://www.letour.fr/arctic-race-of-norway/2016/us/>

<http://www.tourofnorway.com/wp/>



Tyrifjorden seen from Krokkleiva



Profile Sundvolden GP 2016

Climb of Røine : <https://www.youtube.com/watch?v=4EU6I-4K444>



Krokkleiva on the horizon

## Krokkleiva – Portrait

Certainly not the most difficult climb in Norway, but very nice anyway : 4,5km at more than 7%, with two hard parts, 500m at 8,4% in the 2nd km and 700m at 9% in the 4th. And its location in the race (finish uphill) gives it an added value. We can also imagine how difficult it could be when the wind blows in the straight lines on the hillside just above the fjord.

Elevation gain : 391-57m = 334m

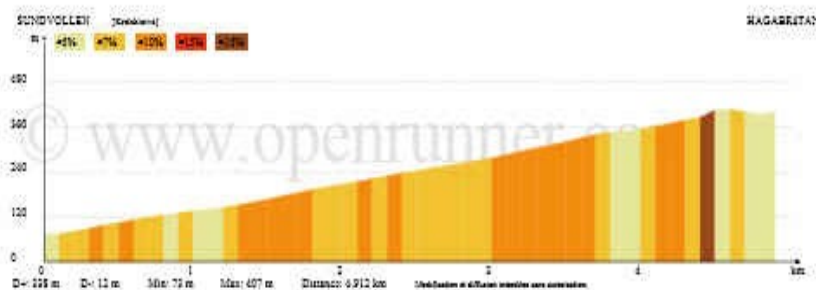
Length : 4,6km

Average % : 7,26%

% km : 6,3 7,1 7,0 7,8 and 600m at 8,5%

<https://www.youtube.com/watch?v=23elBjXK5fi> (downhill)

[https://www.youtube.com/watch?v=4Jj\\_ye4E9GE](https://www.youtube.com/watch?v=4Jj_ye4E9GE) (paragliding)





The picture is to be found on the website of Pierre Moncorgé, French amateur cyclist, who takes part of races everywhere in Europe. A lot of summaries (only in French) on <http://www.pierremoncorge.com/>.



Top at Kleivstua

