



Maifoungui (708m)

Manin-Manin (649m)



Official website

<http://www.tropicaleamissabongo.com/>

Gabon's topographic profile

Gabon lies on the atlantic coast of Africa. The western part of the country is made of plains around Ogooué river. But the mounts come very soon : the Mounts Pelé in the SW(872m), Igoumbi (820m in the centre), ...

The hinterland is made of mountain ranges and plateaux, whose highest points are above 900m asl : Plateaux of North-East (Mount Kokameguel 938m)

Mounts of Belinga in the north-east (Mount Bengoué 1070m, highest point of the country)

Mounts of Cristal in the Centre

Mounts of Chaillu (Mount Milondo 1020m) in the south

Plateau Batéké, in the south-east

As some mounts have different altitudes, we publish those of the map below :



Tropicale Amissa Bongo

Amissa Bongo is Omar Bongo's daughter, President of Gabon from 1967 to 2009. She died in 1993, when she was 32.

The stages race is 7 days long. It is a part of the UCI-Africa program (cat. 2.1). Most of the winners of the 11 editions are French. No big star, but riders with a very good level (Guesdon, Ladagnous, Charteau 3x, Adrien Petit, ...). Veikkanen opened the list in 2006 and 2 Africans won it in 2014 (Berhane) and 2015 (Chtioui).

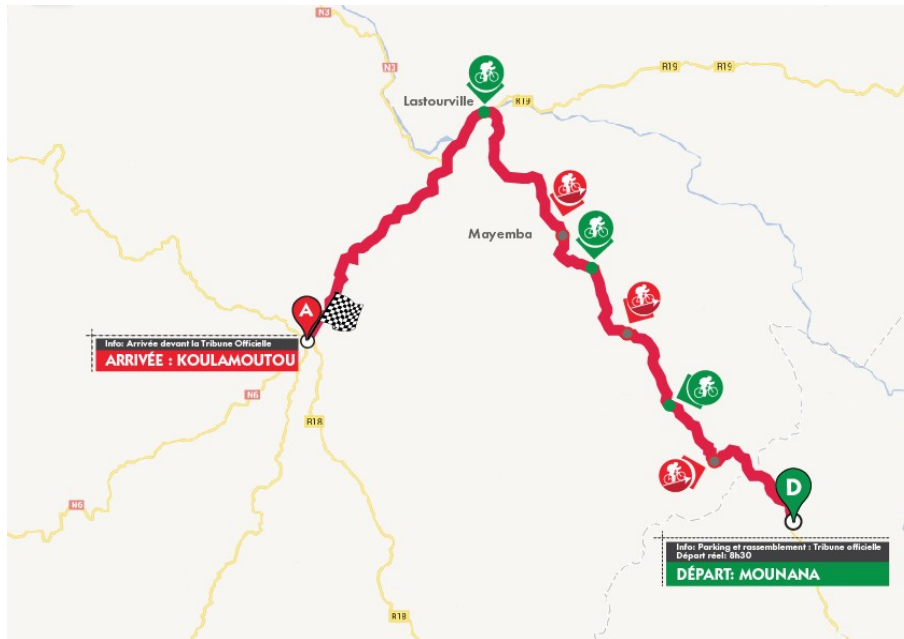
Full history (in French only) on <http://www.tropicaleamissabongo.com/historique.html>

Edition 2017



15 KOM at the menu and a route that alternates flat with hilly stages. The most interesting profile concerns the 3rd stage (Mounana-Koulamoutou) : 3 KOM amongst which 2 significant climbs. Mafoungui (708m) is the top of the Tropicale 2017.





Mafongui is KOM2 ; Manin-Manin KOM3

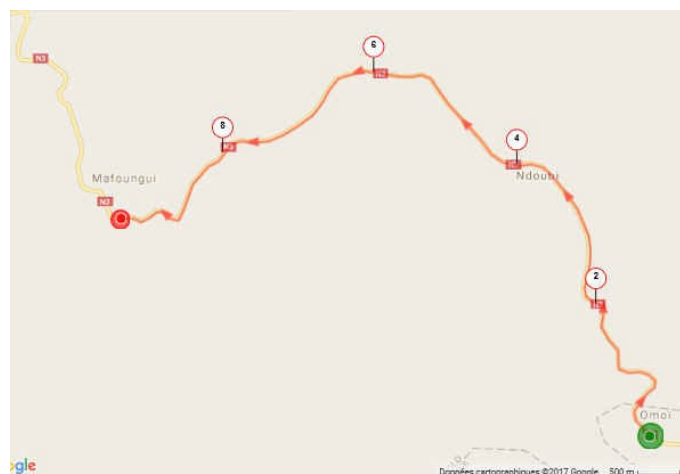
Mafongui - Portrait

The climb starts in Omoi, at the border of Haut-Ogooué and Ogooué-Lolo, on the N3. The 9,6km are rather irregular and have 404m elevation gain (708-304m), distributed as follows, according to Openrunner : 4,5 8,0 2,9 4,2 6,9 / 2,4 0,8 1,7 7,9 + 11m/600m.

Coordinates GPS :

Foot : 13.10162 -1.33520

Top : 13.05007 -1.31372





Areal view of the first part



Aerial view of the top

The pictures are screenshots taken from :
<https://www.youtube.com/watch?v=1PeEpRbWu3g>

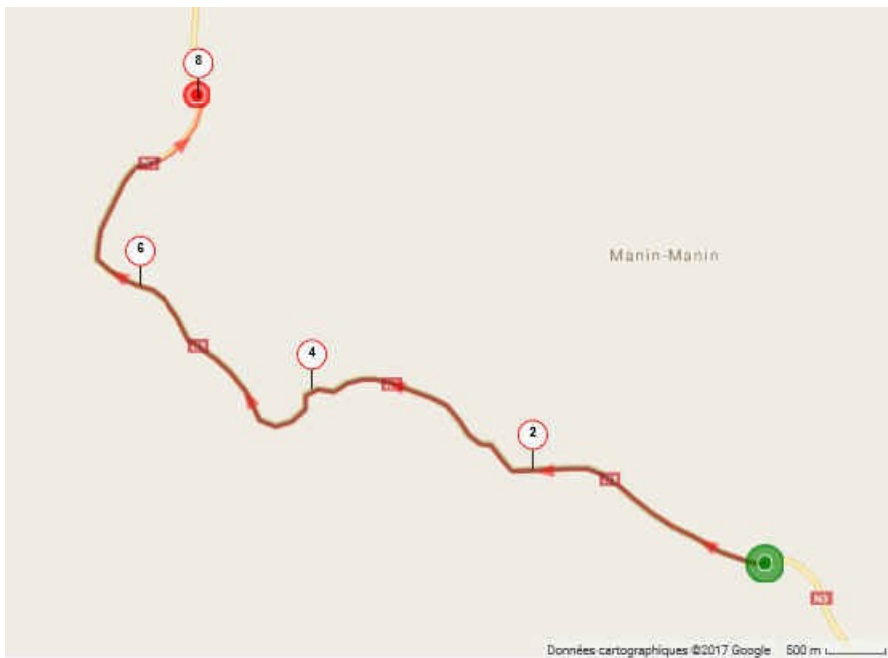
Manin-Manin – Portrait

40km after Mafoungui, on the same N3, comes the foot of the 3rd KOM. « Manin-Manin » is the closest name that appears on the maps, with no more guarantee. The climb has the same profile than the first, a little bit shorter and a smaller elevation gain : 335m (649-314m) in 8km. Openrunner shows : 2,8 5,0 -1,3 8,1 4,7 1,3 6,7 6,2.

Coordinates GPS :

Foot : 12.87382 -1.03799

Top : 12.83436 -1.00600



Beginning of the 4th km