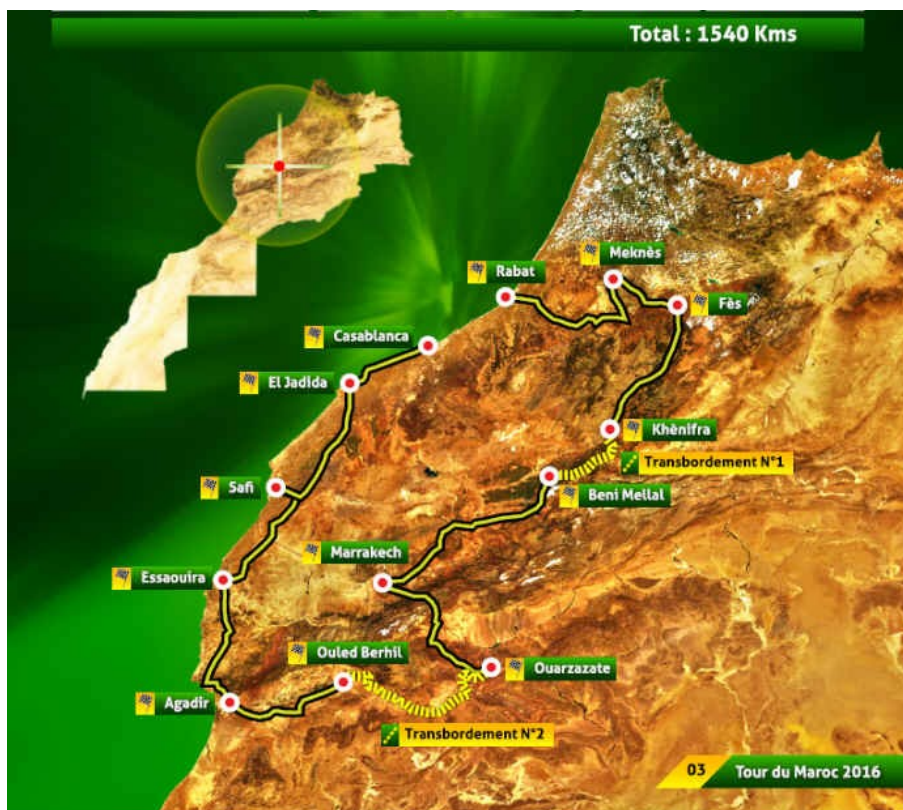


Tour du Maroc

19 nationalities in 40 editions, nice proof of the international label of a race, that exists since 1937. A lot of brackets in its history, but a recent continuity since 2006. A few well-known names in the winner list : Pettersson (1967), Kasputis (1987), Régis Simon (1993) and Schumacher (2016). Still alive and fit at his 35. Rebellin is the favorite in 2017.

Edition 2016

10 well-balanced stages, 2 highlights in the Middle and High Atlas : the 3rd (Fes-Khenifra), that passes by Ifrane and the 5th (Marrakech-Ouarzazate) with the Tichka pass (2260m), highest paved pass in Morocco and a must for bicycle tourists in Africa.



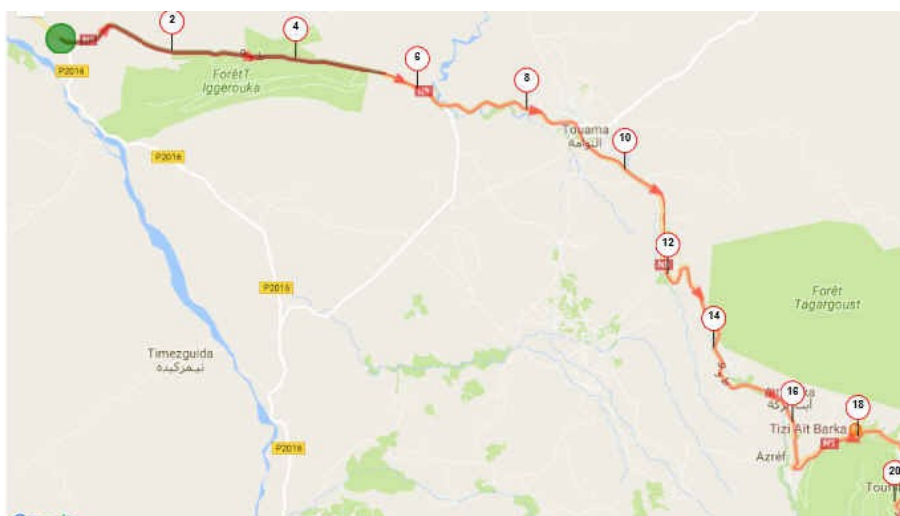
PROGRAMME DU TOUR					
Date	Heure de départ	Etape	Ville départ	Ville d'arrivée	Kilométrage
01 Avril 2016	15:00	1 ^{ère} Etape	Rabat	Meknès	135.2 Kms
02 Avril 2016	13:00	2 ^{ème} Etape	Meknès	Fès	140.8 Kms
03 Avril 2016	11:00	3 ^{ème} Etape	Fès	Khénifra	158.1 Kms
1 ^{er} Transbordement : de Khénifra à Beni Mellal					
04 Avril 2016	11:00	4 ^{ème} Etape	Beni Mellal	Marrakech	193.5 Kms
05 Avril 2016	11:00	5 ^{ème} Etape	Marrakech	Ouarzazate	193 Kms
2 ^{ème} Transbordement : de Ouarzazate à Ouled Berhil					
06 Avril 2016	15:00	6 ^{ème} Etape	Ouled Berhil	Agadir	123 Kms
07 Avril 2016	11:00	7 ^{ème} Etape	Agadir	Essaouira	166.6 Kms
08 Avril 2016	12:00	8 ^{ème} Etape	Essaouira	Safi	150.8 Kms
09 Avril 2016	12:00	9 ^{ème} Etape	Safi	El Jadida	151.5 Kms
10 Avril 2016	14:00	10 ^{ème} Etape	El Jadida	Casablanca	127.5 Kms
Total : 1540 Kms					

5th stage 2016 : Marrakech-Ouarzazate (193km)



The stage is a huge roller coaster. First of all 40km on the flat and light uphill Road 9 as far as Talbanine. Marrakech lies at 510m ; the foot of our climb (at the crossroads between the N9 and the road that leads to Tighdoulme), downhill from Touama, at 850m.

First climb : **Tizi Ait Barka** (pass at 1530m)



680m difference in level in 18km. The road goes through the Iggerouka Forest and Touama (1000m). The climb has 3 levels : 4 km slighty uphill, 4km slighty downhill and the last 10 km, harder. The biggest slope lies in the last 2 km.

% km : 2,8 3,1 4,5 3,7 -1,4/-2,0 -0,3 0 3,5 6,5 / 3,8 6,4 1,4 5,1 6,6 / 7,1 8,9 8,4



Iggerouka Forest



Touama



The road before the pass



Tizi Aït Barka - Panorama

After Aït Barka, the road penetrates Toufliht Forest. It goes down (180m en 1,5km) to Toufliht, before going up the same way (190m en 1,4km). 3 easier km follow, then a descent (5km – 300m) as far as the confluence of Oued Tichka with Oued Tensift. There begins the last and long part towards Tizi n'Tichka : 1057m in 36km.



Toufliht



Rough slope after Toufliht

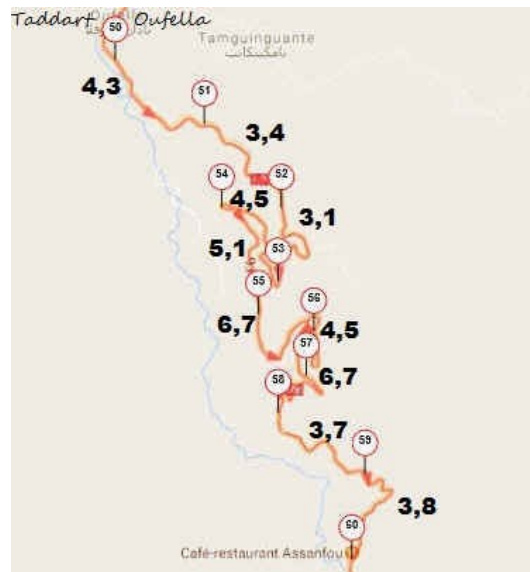


Oued Tensift, at the foot of the last part

Technical data of the last part : 1057m in 36km

% by 5km : 3,96 0,7 2,26 2,08 3,4 5,34 3,04 + 14m

We'll keep in mind the « Taddart Oufella's Ladder » : 458m in 10km (see the picture on page 1)



Before the Ladder



Taddart Oufella with the High Atlas in the background



On the Ladder



After the Ladder



Before the pass



Summary of the climb

<u>Km</u>	<u>Place</u>	<u>Altitude</u>
0	Foot (GPS 31.545920 -7.572290)	853
18	Tizi Aït Barka	1534
19,5	Toufliht (village)	1356
20,9	Toufliht (top)	1548
23,8	Toufliht Forest (end)	1512
28,7	Oued Tichka x Oued Tensift	1207
49,7	Taddart Oufella (Ladder - beginning)	1674
59,7	Ladder - end	2132
64,8	Tizi n'Tichka (GPS 31.279020° -7.377920°)	2260

